

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Colin Mpembe

Has successfully participated & completed the

5km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

**TIME** 00:52:31

**PACE** 10:30/km

**OVERALL** 19 of 41

GENDER 7 of 9

OPEN 2 of 2

21 July 2019, Sun

Date



